

# NEWSLETTER OCTOBER 2024

Dear Clare PPN member,

Welcome to our October newsletter. Our slightly sci-fi looking photo above is of the Northern Lights over the Burren last week.

We have last-minute news about a couple of events; another great Connecting Communities event this evening (Wednesday) – this time for those of you in West Clare – and also a half-day workshop tomorrow in Ennis about living well through the menopause.

Our Member Group in the Spotlight is back, and this time it's Global Action Plan, a national group that aims to inspire and empower people to become environmental change makers. If you'd like your group to feature in the Spotlight, drop us an email.

Scroll down too for lots of news of events, funding, consultations and more. As always, please share this newsletter with the other members of your group. Finally, if you'd like to see something included in our newsletter, you can let us know by emailing newsletter@clareppn.ie

All the best,

Sarah Clancy, Sarah Ferrigan & William Hederman

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## THIS EVENING! – CONNECTING WEST CLARE COMMUNITIES

**16th October, 5-7pm:** Join us at Teach Ceoil Kirush from 5pm to 7pm this evening for a unique (and free) peer-to-peer networking event for all community groups across West Clare.

Clare Connecting Communities is a collaboration between CLDC, Clare Voluntary Centre and Clare PPN and the aim is to bring resources, inspiration, support, skills and knowledge-sharing to the hard-working volunteers, activists, members of community groups, community leaders, and charity trustees.

It's an opportunity to engage with each other to share ideas, information, resources and build common goals. To build stronger and more connected community and to strengthen the bonds that make West Clare special. And it wouldn't be a Connecting Clare Communities event without some good food! More details and registration here: <https://www.eventbrite.com/e/connecting-west-clare-communities-tickets-1033591589267>



## MEMBER GROUP IN THE SPOTLIGHT: GLOBAL ACTION PLAN

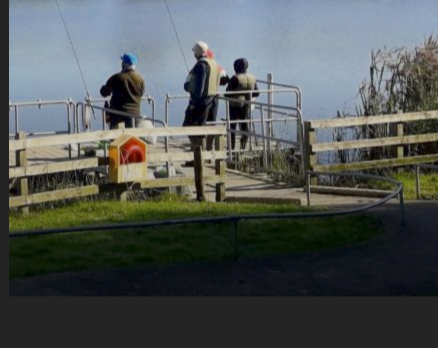
Global Action Plan (GAP) Ireland is an environmental organisation dedicated to inspiring and empowering people across Ireland to become change makers. Since it was founded in 1995, GAP has grown from a grassroots initiative in Ballymun in Dublin into a leading organisation focused on environmental behaviour change, with bases in Dublin and Clare.

They are passionate about making sustainability accessible and achievable for everyone. Their mission is to equip individuals, communities and organisations with the knowledge and skills needed to address the environmental and climate crises. Through a wide range of partnerships with schools, community groups, businesses and local authorities, GAP delivers educational initiatives on environmental topics such as climate action, global citizenship, the Sustainable Development Goals and practical ways for people to reduce their impact on the planet's resources.

GAP believes everyone can be a "Grower of Change". By planting seeds of knowledge, we create a ripple effect: changing lives locally and impacting the global good. They invite you to join their movement for a more sustainable future, whether by attending workshops, taking part in their unique climate competitions, volunteering in community gardens or by making a few small changes in your daily life. To learn more or get involved, visit their website (below) or contact them at [info@globalactionplan.ie](mailto:info@globalactionplan.ie). They believe that together we can make a real difference for our planet and future generations!

More info here: <https://www.globalactionplan.ie>

# FUNDING OPPORTUNITIES



## GO FISHING FUND

**Deadline 7th November:** Anyone for fishing? Grants of €2,000 to €5,000 will be awarded through a new fund from Inland Fisheries Ireland. The Go Fishing Fund is offering €250,000 of funding to groups that help disadvantaged or disabled people, with the aim of introducing people to the recreational benefits of fishing and safety awareness in the outdoor environment. The scheme will also aid in advising eligible applicant organisations on the fragile ecosystems that support biodiversity, and the natural processes involved in healthy and sustainable habitats for fish. Deadline 7th November. For more information see: <https://www.fisheriesireland.ie/go-fishing-fund-2024>



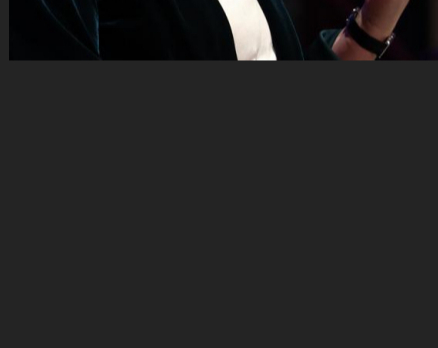
## PARENT PEER SUPPORT FUND

**Deadline 29th October:** The Supporting Parents, Parent Peer Support Fund 2024/25 supports statutory, community and voluntary organisations leading or co-ordinating peer support projects for parents and those in a parenting role. The activities funded should focus on best practice in the areas of parent peer support. Two tiers of funding will be made available.

- Tier 1 will provide grants of €2,000 to successful applicants who either currently operate, or wish to establish a new parent peer support project.

- Tier 2 will provide grants of €5,000 to successful applicants who wish to scale up an existing parent peer support project, that has been proven to have a positive impact for parents. More info here: <https://www.gov.ie/en/publication/02ca0-2024-25-parent-peer-support-fund/>

# NEWS / EVENTS ...



## TOMORROW: LIVING WELL THROUGH THE MENOPAUSE

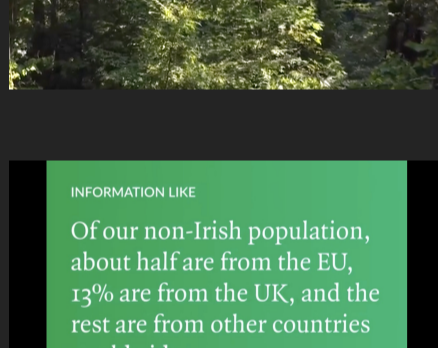
**17th October:** This free workshop at Glór in Ennis, from 9am to 1.30pm will cover topics such as health and wellbeing, mental health, diet, nutrition, physical activity, sexual health and pelvic floor health. Connect with others facing similar experiences and discover the benefits of creative activities like yoga and mindfulness. Hear the answers to commonly asked questions which will be addressed through a panel discussion with keynote speaker Dr Máire Finn as well as a dietician and a physiotherapist. Bookings: <https://glor.ie/events/living-well-through-the-menopause/>

Also in Glór, a new weekly Wellness Café for Clare will be launched next Monday, 21st October, from 10am to 12pm. The initiative is led by the HSE Mental Health Engagement and Recovery.



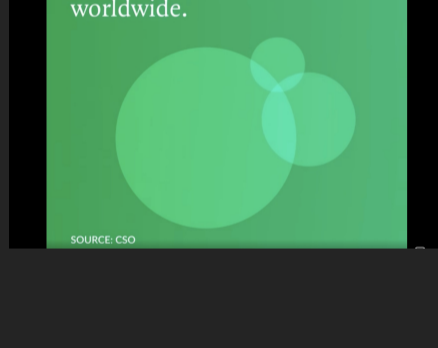
## ENERGY FAIR IN COROFIN

**21st October:** Meet Clare's energy experts this Monday evening, 21st October, at 7:30pm in Corofin Community Hall and find out how to save money on your energy bills. Professionals can advise you on how to make your home warmer and more energy efficient – you can talk to solar PV installers, heat pump installers, installation experts and more. Tea and treats will be served and spot prizes will be won. The event is hosted by Corofin Sustainable Energy Community, which will be launching its Energy Masterplan on the night.



## MIGRATION TO IRELAND – THE FACTS

Did you know that 1 in 5 workers in Ireland is a citizen of another country? Our healthcare, construction and many other sectors could not function without migrant workers. There's a new information campaign from the government that's really useful and well put together. It aims to make it easier to find the facts about migration in Ireland and how immigration services work. You'll find lots of useful facts and figures and resources, in plain language. <https://www.gov.ie/migration>



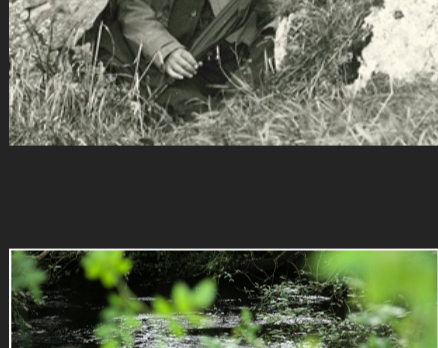
## CLARE LIBRARIES HISTORY WEEK

This week is Clare Libraries History Week, with a range of interesting lectures and other events taking place, some online and some in libraries. Events include youth theatre, while lecture topics include industrial schools, land conflict and the Clare community in Australia. You can see what events are still happening for the rest of this week at the link below. All online lectures are shown on Clare Libraries Youtube channel. <https://clarelibraries.ie/projects/history-week-2024/>



## RESTORING RIVERS: FREE WORKSHOP

**19th October:** A free workshop (and field trip) this Saturday aims to help community groups who'd like to restore and protect lakes and rivers, improve water quality and enhance biodiversity using nature-based solutions. The event, at 10am at Lough Graigue Community Centre in Fiamcourt, will be led by Ruairi Ó Conchúir of the Local Authorities Water Programme (LAWPRO) and Lough Graigue Nature Sanctuary. As well as learning what funding support is available, this will be an opportunity to network with other groups, share ideas and collaborate on projects. To book, email: [info@loughgraigue.org](mailto:info@loughgraigue.org)



## MID-TERM SPORTS FOR TEENAGERS

Clare Sports Partnership (CSP) is offering sports activities for teens during the mid-term break, aimed at those who normally participate in little to no physical activity. The cost is just €15 for those accepted on to the programme.

**GIRLS – 29th-31st October:** The Pools & Peaks programme is for teenage girls. In conjunction with Shannon Leisure Centre it will involve a 45-minute swimming session each day followed by 1 hour of indoor rock climbing. Time: 10.30am – 12.30pm each day. <https://claresports.ie/teen-boys-surfing-programme/>

**BOYS – 29th October-1st November:** CSP is teaming up with Bens Surf Clinic in Lahinch to offer teen boys the opportunity to have fun, make new friends, and catch their first waves. No experience required. From 11.30am-1.30pm each day. More info and registration here: <https://claresports.ie/teen-boys-surfing-programme/>



## MONEYPOINT WIND FARM FUND WEBINAR

**12th November:** Community groups within the Area of Benefit (10km) of the Moneypoint wind farm are invited to a webinar from 7pm-8pm on Tuesday 12th November in connection with the ESB Wind Farm Community Funds. The Celebrating Community Achievements Webinar will feature groups from across the country who have successfully completed a wide range of projects with support from these funds. This is an opportunity to get inspired and learn from each other. Visit the link below to register or call 021-4613432. <https://events.teams.microsoft.com/event/6418b21-1843-4f62-97ac-8d9f63b8688c?sf16r172fd-e691-4f58-9676-c055c0a7b1b0>



## COMMUNITY SECTOR VACANCIES IN CLARE

Clare Youth Service is recruiting two part-time Youth Workers in Killakea and Ennis. Deadline 1st November: <https://www.activelink.ie/vacancies/clare/youth/111530-clare-youth-service-youth-worker-part-time-x-2>

• **NOVAS** is recruiting a Tenancy Sustainment Officer in Clare as part of its Outreach Team. Deadline 25th October. <https://www.activelink.ie/vacancies/community/111500-novas-tenancy-sustainment-officer-outreach-team-clare>

• **Clarecare** is recruiting a part-time Social Worker to work with Older People. Deadline 22nd October: <https://www.activelink.ie/vacancies/community/110403-clarecare-social-worker-with-older-people-part-time>

• **Focus Ireland** is recruiting a Case Manager as part of its Housing First service for the Mid-West. Deadline 25th October: <https://www.activelink.ie/vacancies/community/111477-focus-ireland-case-manager-housing-first-mid-west>

• **NOVAS** is recruiting an Assessment & Placement Officer (Maternity Cover) for its Clare Services. Deadline 25th October: <https://www.activelink.ie/vacancies/community/111459-novas-assessment-placement-officer-maternity-cover-clare-services>

# CONSULTATIONS



## JUST TRANSITION SURVEY

A group at UCD in Dublin is researching 'Just Transition', a term used to describe a fair and equitable transition to a low-carbon and green society. If you are involved in any way in sustainability or climate action initiatives, professionally or voluntarily, you can help by completing a survey on how a Just Transition is being implemented in practice and how a fair and equitable Just Transition can occur. It takes approximately 15-20 minutes, and all responses are anonymised. You can access the survey through this link: [https://ucdbusiness.eu/qualtrics.com/for/MSV\\_OlineGTCORQ26aJc](https://ucdbusiness.eu/qualtrics.com/for/MSV_OlineGTCORQ26aJc)



## SEPTIC TANK SURVEY

Do you live in a house using a septic tank or packaged treatment system? If so, you are invited to participate in an anonymous online survey. Your knowledge/views towards household system maintenance will help aid policy change and design of supports for system users nationwide. If you are interested and/or would like more information, please use these links: Survey link: <https://su.surveymonkey.com/r/remarcsurvey> More information: <https://www.remarcproject.com/about-remarc.html>



## CYCLE CONNECTS

**Deadline 6th November:** CycleConnects is a cycle network for every county outside the Greater Dublin Area. CycleConnects also provides 63 urban networks, for all towns with a population of over 5,000. The draft network went through a non-statutory public consultation in 2022. Since then, the networks have been refined to reflect those submissions and further engagement with all stakeholders. The updated network and environmental assessments are now out for statutory public consultation. Submissions can be made until 25th October by email to: [active@travel.nationaltransport.ie](mailto:active@travel.nationaltransport.ie) or at the portal: <https://consult.nationaltransport.ie/en/consultation/cycleconnects-environmental-assessment-and-updated-network>

